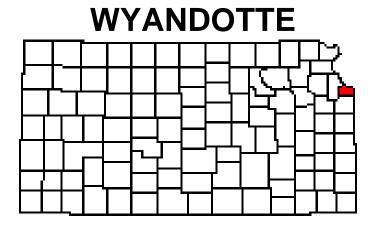
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Books:

Argentine Library 2800 Metropolitan Ave. Kansas City, KS 66106 913-722-7400 http://www.kckpl.lib.ks.us/

West Wyandotte Library 1737 N. 82nd Street Kansas City, KS 66112 913-596-5800 http://www.kckpl.lib.ks.us/ Main Library 625 Minnesota Avenue Kansas City, KS 66101 913-551-3280 http://www.kckpl.lib.ks.us/

Bookmobile 625 Minnesota Avenue Kansas City, KS 66101 913-551-3280 http://www.kckpl.lib.ks.us/

The following Arthritis Foundation books are available at the libraries list above

Good living with Arthritis
Good living with Osteoarthritis
Good living with Rheumatoid Arthritis
Good living with Fibromyalgia
All about Back Pain

Rheumatologists:

Herbert Lindsley University of Kansas Medical Center 3901 Rainbow Kansas City, KS 66160 913-588-6008

Daniel Stechschulte University of Kansas Medical Center 3901 Rainbow Kansas City, KS 66160 913-588-6008 Ahmed Samad University of Kansas Medical Center 3901 Rainbow Blvd Kansas City, KS 66160 913-588-6009

Shashank Radadiya University of Kansas Medical Center 3901 Rainbow Kansas City, KS 66160 913-588-6008

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Kevin Latinis University of Kansas Medical Center 3901 Broadway Blvd Kansas City, KS, 66160 913-588-6008

Pediatric Rheumatologists:

Carol Lindsley

University of Kansas Medical Center 3901 Rainbow Kansas City, KS 66160 913-588-6325 Nancy Olson University of Kansas Medical Center 3901 Rainbow Kansas City, KS 66160 913-588-6325

Also see rheumatologists located in Kansas City Metro Area, MISSOURI

Programs:

Arthritis Foundation Aquatic Program

The warm water exercise program offers improved joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

Bonner Springs YMCA 410 N. Bluegrass Bonner Springs, KS 66012 http://www.ymca-kc.org/

CONTACT: 913-422-9348

Arthritis Foundation Exercise Program

This program is a gentle land-based exercise class for increasing or maintaining joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises.

Bonner Springs YMCA 410 N. Bluegrass Bonner Springs, KS 66012 http://www.ymca-kc.org/

CONTACT: 913-422-9348

Support Groups:

Arthritis and Fibromyalgia Support Group Stony Point Christian Church In Fellowship Hall 149 S 78th St. Kansas City, KS 66111

For Information Call: Sharon Rowland 913- 721-2603 or Diana Jones 913-441-3775